



## *One Day Lone worker Awareness Course*

### **Description**

Following the tragic disappearance 20 years ago of Suzy Lamplugh, the estate agent whilst meeting a potential client alone, lone working has been a very concerning issue for many employers. This course is suitable for all those working alone from street cleaners to community nurses, engineers, and administrative staff and covers the Health & Safety Executive advice on loneworking.

### **Duration**

A 6 hour course delivered in an interactive and discussion based style.

### **Syllabus**

The legislation and practical aspects of lone working are explored in an interactive manner. Subjects covered are:  
Health & Safety legislation for lone workers, risk assessment, personal preparedness, planning and reporting, the law and self defence, avoiding conflict, self awareness, defusing conflict, stress and isolation issues, and self treatment in an emergency.

### **Certification**

All candidates will receive a certificate of attendance valid for 3 years.

### **Numbers**

A maximum of 12 students can be accommodated on this course.

### **Location**

We are able to deliver this course on your site, subject to adequate room space reducing your costs in respect of additional time out and travelling.

6 Farman Close  
Swindon  
Wilts. SN3 6DP  
T: 0800 0832035  
F: 01793 639548  
M: 0790 5005884

[enquiries@amtrainingservices.co.uk](mailto:enquiries@amtrainingservices.co.uk)  
[www.amtrainingservices.co.uk](http://www.amtrainingservices.co.uk)